

The 12 Steps: A Spiritual Journey – Working Guide for Healing

Marcy Wells

“The Twelve Steps: A Spiritual Journey – A working guide for healing” class will concentrate on four core areas of spiritual growth: peace with God, peace with ourselves, peace with others and keeping the peace. The course consists of 30 classes, 15 classes before June and 15 classes from September through December, and is facilitated by Marcy Wells. Each class is divided into three sections to promote personal awareness: journaling/writing, sharing and other group activities. During the class break, over the summer, the group will be able to participate in outings and activities to have some fun and get even more connected to each other.

This class is in addition to regular house church groups that everyone is expected to participate in. It is also important to note that this class is not intended to take place of professional help or medication. The goal of this class is to help individuals in their spiritual journey, growth, and recovery, while allowing them to move on with the help of the Holy Spirit.

The first class will be held on Saturday, Feb. 3 from 9:30 a.m. to 11:30 a.m. New participants will not be able to join the group after February 17. This is important to ensure that group members develop trust, intimacy and bonding and this can be difficult when ‘new faces’ continue to enter the group.

The group will meet at the home of Marcy Wells, located at 28107 Berkshire Drive, Southfield, MI 48076. Directions: The location is north of I-696, off Evergreen between I-696 and 12-mile Road. Turn left at the light onto Winchester, then make a right onto Berkshire Drive, take Berkshire down to 28107.

For more information or to sign-up, please contact Marcy Wells at (313) 623-5563 or mwbio@yahoo.com by January 27.